



## Academic Curriculum Vitae

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#### Research interests:

Community and Population-based Mental Healthcare

Social Determinants of Mental Health

Healthcare Systems

Dementia



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### Education

<b>Year</b>	<b>Degree</b>	<b>Institution</b>	<b>Location</b>
2015	PhD	Tehran University of Medical Sciences	Tehran, Iran
2006	MSN	Jundishapoor University of Medical Sciences	Ahvaz, Iran
2004	BSN	Esfahan University of Medical Sciences	Esfahan, Iran

## Professional Experience and Executive Positions

<b><u>Years</u></b>	<b><u>Position</u></b>	<b><u>Institution</u></b>	<b><u>Location</u></b>
2023-present	Vice dean in academic affairs	School of Nursing and Midwifery, Shahid Beheshti University of Medical Sciences	Tehran, Iran
2021-present	Accreditation Manager	School of Nursing and Midwifery, Shahid Beheshti University of Medical Sciences	Tehran, Iran
2021	Member of the team revising curriculum of psychiatric nursing at the MSc level	Ministry of Health and Medical Education	Tehran, Iran
2019-present	Assistant Professor	Department of Psychiatric Nursing and Management, School of Nursing and Midwifery, Shahid Beheshti University of Medical Sciences	Tehran, Iran
2019	Director of Educational Development Center (EDC)	Khomein University of Medical University	Khomein, Iran
2016-2019	Assistant Professor	Department of Psychiatric Nursing, School of Nursing and Midwifery, Tehran University of Medical Sciences	Tehran, Iran
2008-2010	Lecturer	School of Nursing, Lorestan University of Medical Sciences	Aligoodarz, Lorestan, Iran

## Research- Publications

1. Zamani S, Abdoli S, **Ghadirian F**, Mardanian Dehkordi L. The impact of digital storytelling on psychosocial well-being in individuals with type 1 diabetes: a randomized clinical trial study in Iran. *BMC psychology*. 2025 Aug 19;13(1):942.
2. Mozaffari M, Naderi M, Zahednezhad H, **Ghadirian F**. Effectiveness of an online mindfulness based stress reduction intervention on psychological distress among patients with COVID19 after hospital discharge. *Scientific Reports*. 2025 Jul 13;15(1):25325.
3. **Ghadirian F**, Hayati M. e-Professionalism in Psychiatric Mental Health Nursing: A Systematic Review and Narrative Synthesis. *Iranian Journal of Nursing and Midwifery Research*. 2025 Nov 1;30(6):785-94.
4. Atashzadeh-Shoorideh F, Taylor EJ, **Ghadirian F**. Spirituality and Work-Related Outcomes Among Nurses During the COVID Pandemic: An Observational Study. *Journal of Clinical Nursing*. 2025 Oct;34(10):4223-34.
5. **Ghadirian F**. Big Data–Derived Population Studies and Mental Health Disparities. *Journal of Psychosocial Nursing and Mental Health Services*. 2025 Mar 1;63(3):3-4.
6. **Ghadirian F**. Why Realistic Clinical Scenarios Still Matter in AI–Powered Mental Health Care. *Journal of Psychosocial Nursing and Mental Health Services*. 2025 Jun 1;63(6):2-4.
7. Csic RS, **Ghadirian F**, Atashzadeh-Shoorideh F, Miethlich B, Gacina S. Insights into the role of emotional intelligence in nursing leadership. *Central European Journal of Nursing and Midwifery*. 2025;16(1):2127.
8. Zamani S, **Ghadirian F**, Dehkordi LM. Empowering Voices: The Transformative Role of Digital Storytelling in Chronic Illness Care. *Iranian Journal of Nursing and Midwifery Research*. 2025 Nov 1;30(6):941.
9. Bayat H, Ghalenoee M, **Ghadirian F**. The relationship among distress tolerance, spiritual well-being, mother-child interaction and health-related

quality of life, mediated by parenting stress and family functioning in mothers of children with attention deficit hyperactivity disorder.

10. Ghalichi L, Shariat SV, Naserbakht M, Taban M, Abbasi-Kangevari M, Afrashteh F, Ajami M, Akbarialiabad H, Amiri S, Arabloo J, Azizi H. National and subnational burden of mental disorders in Iran (1990–2019): findings of the Global Burden of Disease 2019 study. *The Lancet Global Health*. 2024 Dec 1;12(12):e1984-92.
11. Al-Badiri MQ, **Ghadirian F**, Zahednezhad H, Boozari M, Hayati MS. Comparison of the effects of in-person and internet-delivered mindfulness-based stress reduction on the burden of psychosomatic symptoms in nurses. *Frontiers in Psychology*. 2024 Dec 11;15:1402075.
12. Ebadi A, **Ghadirian F**, Shokri F, Imani SS, Saeidi G, Mostafazadeh FZ, Shafighi A. Persistent Psychological Distress and Its Associated Determinants Among Iranian COVID Survivors: A Cross-Sectional Study. *Middle East Journal of Rehabilitation and Health Studies*. 2024;11(4).
13. Hayati MS, Shams J, Meibodi SS, Shafighi AH, Shattell M, **Ghadirian F**. The effects of a telenursing scheduled intervention of brief behavioral activation therapy on depression and anxiety symptoms of patients with mixed depression and anxiety disorder: A randomized controlled trial. *Archives of Psychiatric Nursing*. 2024 Oct 1;52:39-44.
14. Rashidi MM, Saeedi Moghaddam S, Azadnajafabad S, Mohammadi E, Khalaji A, Malekpour MR, Keykhaei M, Rezaei N, Esfahani Z, Rezaei N. Mortality and disability-adjusted life years in North Africa and Middle East attributed to kidney dysfunction: a systematic analysis for the Global Burden of Disease Study 2019. *Clinical kidney journal*. 2024 Jan;17(1):sfad279.
15. Steinmetz JD, Seeher KM, Schiess N, Nichols E, Cao B, Servili C, Cavallera V, Cousin E, Hagins H, Moberg ME, Mehlman ML. Global, regional, and national burden of disorders affecting the nervous system, 1990–2021: a systematic analysis for the Global Burden of Disease Study 2021. *The Lancet Neurology*. 2024 Apr 1;23(4):344-81.
16. Yasufuku Y, GBD 2021 Stroke Risk Factor Collaborators. Global, regional, and national burden of stroke and its risk factors, 1990–2021: a systematic analysis for the Global Burden of Disease Study 2021. *The Lancet Neurology*. 2024 Oct 1;23(10):973-1003.
17. Ferrari AJ, Santomauro DF, Aali A, Abate YH, Abbafati C, Abbastabar H, Abd ElHafeez S, Abdelmasseh M, Abd-Elsalam S, Abdollahi A,

- Abdullahi A. Global incidence, prevalence, years lived with disability (YLDs), disability-adjusted life-years (DALYs), and healthy life expectancy (HALE) for 371 diseases and injuries in 204 countries and territories and 811 subnational locations, 1990–2021: a systematic analysis for the Global Burden of Disease Study 2021. *The Lancet*. 2024 May 18;403(10440):2133-61.
18. Brauer M, Roth GA, Aravkin AY, Zheng P, Abate KH, Abate YH, Abbafati C, Abbasgholizadeh R, Abbasi MA, Abbasian M, Abbasifard M. Global burden and strength of evidence for 88 risk factors in 204 countries and 811 subnational locations, 1990–2021: a systematic analysis for the Global Burden of Disease Study 2021. *The Lancet*. 2024 May 18;403(10440):2162-203.
19. Malaisamy M, Inbaraj LR. Forecasting the effects of smoking prevalence scenarios on years of life lost and life expectancy from 2022 to 2050: a systematic analysis for the Global Burden of Disease Study 2021. *Forecasting the effects of smoking prevalence scenarios on years of life lost and life expectancy from 2022 to 2050: a systematic analysis for the Global Burden of Disease Study 2021*. 2024;9(e729).
20. Amirkafi A, Mohammadi F, Tehrani-Banihashemi A, Moradi-Lakeh M, Murray CJ, Naghavi M, Mokdad AH. Drug-use disorders in the Eastern Mediterranean Region: a glance at GBD 2019 findings. *Social Psychiatry and Psychiatric Epidemiology*. 2024 Jul;59(7):1113-27.
21. Sharma R, Abbastabar H, Abdulah DM, Abidi H, Abolhassani H, Abrehdari-Tafreshi Z, Absalan A, Ali HA, Abu-Gharbieh E, Acuna JM, Adib N. Temporal patterns of cancer burden in Asia, 1990–2019: a systematic examination for the Global Burden of Disease 2019 study. *The Lancet Regional Health-Southeast Asia*. 2024 Feb 1;21.
22. Ghalichi L, Shariat SV, Naserbakht M, Taban M, Abbasi-Kangevari M, Afrashteh F, Ajami M, Akbarialiabad H, Amiri S, Arabloo J, Azizi H. National and subnational burden of mental disorders in Iran (1990–2019): findings of the Global Burden of Disease 2019 study. *The Lancet Global Health*. 2024 Dec 1;12(12):e1984-92.
23. Ong KL, Stafford LK, McLaughlin SA, Boyko EJ, Vollset SE, Smith AE, Dalton BE, Duprey J, Cruz JA, Hagins H, Lindstedt PA. Global, regional, and national burden of diabetes from 1990 to 2021, with projections of prevalence to 2050: a systematic analysis for the Global Burden of Disease Study 2021. *The Lancet*. 2023 Jun 22.
24. Moradi S, Parsaei A, Saeedi Moghaddam S, Aryannejad A, Azadnajafabad S, Rezaei N, Mashinchi B, Esfahani Z, Shobeiri P, Rezaei N, Naghavi

- M. Metabolic risk factors attributed burden in Iran at national and subnational levels, 1990 to 2019. *Frontiers in Public Health*. 2023 Jun 1;11:1149719.
25. Nejadghaderi SA, Saeedi Moghaddam S, Keykhaei M, Shobeiri P, Rezaei N, Rezaei N, Naghavi M, Larijani B, Farzadfar F, Nejadghader SA, Moghaddam SS. Trends of national and sub-national burden attributed to kidney dysfunction risk factor in Iran: 1990-2019. *Frontiers in Endocrinology*. 2023 Feb 27;14:1115833.
26. Shafighi AH, Atashzadeh-Shoorideh F, Ebadi A, **Ghadirian F**. Prevalence and predictors of COVID-centred obsessive compulsive disorder among Iranian COVID-19 recovered individuals: a Bayesian analysis. *BMC psychiatry*. 2023 Dec;23(1):1-9.
27. Shin YH, Hwang J, Kwon R, Lee SW, Kim MS, GBD 2019 Allergic Disorders Collaborators, Shin YH, Hwang J, Kwon R, Lee SW, Kim MS. Global, regional, and national burden of allergic disorders and their risk factors in 204 countries and territories, from 1990 to 2019: A systematic analysis for the Global Burden of Disease Study 2019. *Allergy*. 2023 Jul 11.
28. Amiri P, **Ghadirian F**, Parvin P, Cheraghi L, Khalili D, Alamdari S, Azizi F. A 10-Year Cardiovascular Risk in Adults with Different Levels of Spiritual Health: Tehran Lipid and Glucose Study. *Global Heart*. 2023;18(1).
29. Dehsorkh FS, **Ghadirian F**, Yekta Y, Yekta R, Foroughipour M, Hashemi FG, Esmaili M, Khabazkhoob M. Intrapsychic and Interpersonal Realms in Patients with Multiple Sclerosis and Their Comparison with Normal Individuals: A Look at Object Relations and Anger Management. *Iranian Journal of Psychiatry*. 2023;18(1):18-25.
30. Nejadghaderi SA, Moghaddam SS, Keykhaei M, Shobeiri P, Rezaei N, Rezaei N, Naghavi M, Larijani B, Farzadfar F. Trends of national and sub-national burden attributed to kidney dysfunction risk factor in Iran: 1990-2019. *Frontiers in Endocrinology*. 2023;14.
31. Shah Talebi B, **Ghadirian F**, Rastegari R. Explaining Nursing Management in the Iranian Crisis: A Phenomenological Study. *Military Caring Sciences Journal*. 2021 Jul 10;8(1):13-21.
32. Larijani TT, **Ghadirian F**, Bakhshi F. Psychometric Testing of the Persian Version of Macleod Clark Professional Identity Scale. *Journal of*

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33. **Ghadirian F**, Karami K, Shirzadegan R, Raiesifar Z, Tahery N, Almasian M. Effects of French Lavender Aromatherapy on the level of Pain and the Amount of Medications Prescribed to Reduce Post-Appendectomy Pain: A Single-Blind Randomized Clinical Trial. *Journal of Archives in Military Medicine*. 2020 Jan 1;8(3).
34. Larijani TT, **Ghadirian F**, Saatchi B, Layegh K, Arshiha MS. Effect of training William Glasser's choice theory on nursing students'happiness. *International Journal of ChoiceTheory & Reality Therapy*. 2020 Oct 1;15(1).
35. Mostafaei S, Kabir K, Kazemnejad A, Feizi A, Mansourian M, Hassanzadeh Keshteli A, Afshar H, Arzaghi SM, Rasekhi Dehkordi S, Adibi P, **Ghadirian F**. Explanation of somaticsymptoms by mental health and personality traits: application of Bayesian regularizedquantile regression in a large population study. *BMC psychiatry*. 2019 Dec;19(1):1-8.
36. Jafari H, Taghavi Larijani T, **Ghadirian F**, Emamzadeh Ghasemi HS. The Association of Competence and Critical Thinking in the Nurses in Imam Khomeini Hospital, Affiliated toTehran University of Medical Sciences, Iran. *Iran Journal of Nursing*. 2019 Dec;32(121):28-40.
37. Asadi M, Tabari F, Haghani S, **Ghadirian F**. The Effect of Education based on Empowerment Model on Anxiety among Transsexual Clients undergoing HormoneTherapy.
38. **Ghadirian F**, Vahedian-Azimi A, Ebadi A. Value-based care and the necessity of economicevaluation of nursing services. *Hayat Journal*. 2018 Nov 10;24(3):197-203.
39. Goudarzi YM, **Ghadirian F**, Vahedian A, Pishgoo A. The effect of Benson relaxation on the anxiety of patients under radial angiography: a randomized clinical trial. *Critical CareNursing*. 2018;11(1).
40. Sirati-Nir M, Khaghanizade M, Rahimi A, Khazaei M, **Ghadirian F**. The effect of social support skill-training group intervention on perceived social support in veterans with posttraumatic stress disorder. *Iranian Journal of Nursing and Midwifery Research*. 2018Jul;23(4):272.



41. Larijani TT, Aghajani M, Zamani N, **Ghadirian F**. Assertiveness and the factors affecting it among nursing students of Tehran University of Medical Sciences. *International Journal of New Technology and Research*. 2017;3(5):263-293.
42. Larijani TT, Movaghari MR, Rostami M, Zamani N, **Ghadirian F**. The relationship between emotional intelligence and coping styles against stress among nurses. *World Journal of Research and Review* 2017; 4: 71. 2017;75.
43. **Ghadirian F**, Ghiyasvandian S. Psycho-emotional impact of simulators in undergraduate nursing education: A systematic review. *Health Research*. 2016 Sep 10;1(3):185-96.
44. Nezamoddin MO, Ojaghloo SO, Peyravi HA, Parsa-Yekta Z, Rastegari RE, **Ghadirian FA**. Historiography of Military Clinics' Changes in the Iraq-Iran War. *Journal Mil Med*. 2016 Jun 19;18(1):323-9.
45. Payamani F, Nazari A, Miri M, **Ghadirian Baharabchi F**, Taghipour M. The study of MS patients' life style referred to MS Association. *International Journal of Medical Research & Health Sciences*. 2016;5(1):230-4.
46. Peyrovi H, Parsa-Yekta Z, Vosoughi MB, Fathyian N, **Ghadirian F**. From margins to centre: An oral history of the wartime experience of Iranian nurses in the Iran-Iraq War, 1980–1988. *Contemporary nurse*. 2015 Jan 2;50(1):14-25.
47. **Ghadirian F**, Salsali M, Cheraghi MA. Nursing professionalism: An evolutionary conceptual analysis. *Iranian journal of nursing and midwifery research*. 2014 Jan;19(1):1.
48. **Ghadirian F**, Marjan MH, Nasrin R, Taraneh T. Sexual function in Iranian women using different methods of contraception. *Journal of Clinical Nursing*. 2013 Nov;22(21- 22):3016-23.
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51. **Ghadirian F**, Nasiri M, Karami K. Family psychoeducation: An adjunctive intervention for mood disorder patients. *Iranian Journal of Nursing and Midwifery Research*. 2009 Apr 20;14(1).

## Books

1. **Ghadirian F**, and et al. (2022). *Principals of Nursing and Midwifery Policy in Iran: Based on World Health Organization's Toolbox*. Jameenegar Co. Tehran. [Persian]
2. Atashzadeh-Shoorideh F, Bazmi SH, Ghafouri R, **Ghadirian F**. (2021). *The comprehensive textbook of ethics and ethical relationships in nursing*. Published by Shahid Beheshti University of Medical Sciences, Tehran. [Persian]
3. Hasanzadeh H, Hosseini A, **Ghadirian F**, Noughani F. (2020). *The manual of clinical psychiatric nursing*. Heydari Co. [Persian]
4. Noughani F, Mohtashami J, **Ghadirian F**, Hatami-sadr S. (2019). *The principles of clinical psychopharmacology in psychiatric nursing*. Heydari Co. Tehran. [Persian]
5. Noughani F, Mohtashami J, **Ghadirian F**. (2019). *Ethics and law in psychiatric nursing*. Heydari Co. Tehran. [Persian]
6. **Ghadirian F**, Peyravi H, Parsa-yekta Z. (2014). *The care wisdom: An archeology of nursing in Iran*. The Sociologist Co. Tehran. [Persian]